



Now that you've downloaded the Diabetes Medication Pad (DMP) save to your device then open with a PDF reader. Just fill in the fields, save on your device and update whenever needed even transfer a copy to your phone to review with healthcare providers. DMP is not saved on the Internet so you can access offline, only you have access. You can email to a family member and/or healthcare providers and is very useful for tele-med consults. Includes a reminder note section at the end.

DMP is a free service of EMIEN HEALTH producers of Rolacol a swab alternative solution and producers of T1T2D.com curated news on all things diabetes, burnsurgar.com simple exercises and diabeteshistory.com a fun and entertaining video – all free, no advertising and are designed to help manage your diabetes. We welcome suggestions, email us support@diabetesmedpad.com

Type in the fields, move cursor or use tab key to move within fields, up/down arrows or side bar to scroll. To enlarge use + icon on the PDF reader.

		T1D	T2D	Gestational		
Medication Name			Time of day	Dose		x per day
Aspirin	Yes			mg.		
Insulin			Brand		Units	xper day
Fast acting	Yes			No		
Slow acting	Yes			No		
Non-insulin						
Once weekly	Yes	No		Dosage		(e.g. Trulicity)
Oral	Yes	No		Dosage	x per day	(e.g. Metformin)
Other	Yes	No		Dosage	x per day	
Pen brand						Needle Size
Syringe Brand						
CGM brand						
Pump brand						Avg units per day
Infusion set brand						
Supplements						Time of day

Foot exam	Yes	date	No
Eye exam	Yes	date	No
Flu vaccine	Yes	date	No
Pneumonia vaccine	Yes	date	No
Hepatitis B vaccine series	Yes	date	No
Shingles vaccine	Yes	date	No
A1C	Yes	date	Number

Doctors

Primary	Phone
Endocrinologist	Phone
Podiatrist	Phone
Ophthalmologist	Phone
Nephrologist	Phone
Pharmacy	Phone

Reminder Notes

© 2021 ROLACOL® REG. TM EMIEN LLC

